

Persistence Pitfalls:

People with often block their own success through:

1. *Poorly defined goals*
2. *Wishing instead of doing*
3. *Putting things off*
4. *Indecision*
5. *Lack of Planning*
6. *Indifference, Weakness of desire*
7. *Self-satisfaction*
8. *Blaming others*
9. *Searching for shortcuts*
10. *Fear of criticism or failure*

Persistence is a mind-set that involves:

A strong sense of purpose: Knowing what you want is the key. A strong motive

Self-Reliance: Believe in yourself and your ability to follow through.

Desire: Achieving your goal has to be Job 1. If you don't want it badly enough, you won't work hard enough to attain it.

Organized plans: Great plans often seem beyond reach. The ones leading to goal achievements are well organized.

Knowledge: You can't afford to guess. You have to know what you're doing, Know where you're going.

Disciplined: Will-power makes persistence a habit.

Conquering fear: Nothing gets rid of fear, like repeated acts of courage.

